



DC VOLLEYBALL RULES

1. Each team is required to have 6 members for participation in the tournament. No more than 9 players (including substitutes) can be on the team. Each team must include at least but not limited to 3 females team members at all times during the game. Team substitution may only be done when your team controls the serve.
2. A maximum of two group leaders can participate in the game. Anyone 18 or older is considered a leader.
3. Total elapsed time for the game is 10 minutes or the first team to reach 15 points(rally scoring system). The teams must win on a serve and by two points.
4. Touching the net while the ball is in play will result in a “side out”, and the ball will go to the opposing team for service.
5. While the ball is in play, team members may not lift.
6. If after three attempts a good service has not been made, the ball will result in a “side out”.
7. Any ball on service or touching the net standard on service will result in a “side out” and the ball will go to the opposing team for service.
8. Service must be done from beyond the backcourt marker and only after the referee has signaled with the whistle.
9. The ball may not be spiked on serve. A serve may be blocked granted that two hands are used.
10. If any part of the ball touches the line, then the ball is considered to be “good”. If the ball lands out and is not touched by any player on the receiving team before it hits the ground, then a “side out” is called. A serve may also touch the net, as long as it lands inbounds.
11. A serve may be played out of the net.
12. Each team member must provide service in the game, and rotation is required after each serve.
13. Court referee will make the final determination if a conflict arises during the game. Each team has one warning per rule and after the first warning violations will result in a “side out”.

Remember this is designed to build unity in youth groups.
Always respect the referee and have fun!